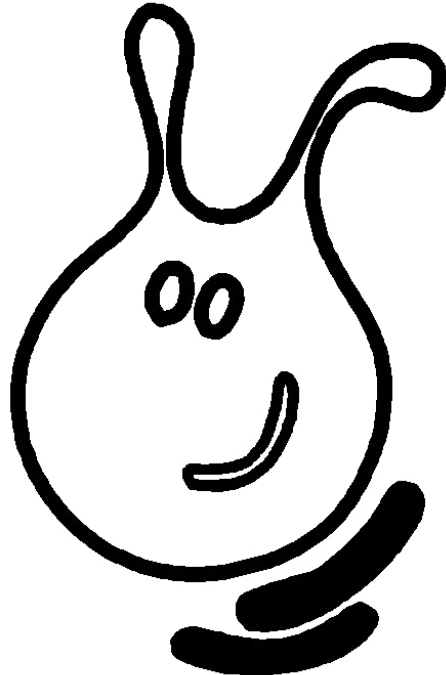


Play day



We are making
a Big noise for Playday
2pm Wednesday
5 AUGUST 2020

Children's right to play

Playing is the most natural and enjoyable way for children and teenagers to keep well and be happy.

The importance of play is recognised around the world in the United Nations Convention on the Rights of the Child (UNCRC). The Convention is a list of 42 rights that all children and teenagers, everywhere in the world have, no matter who they are, where they live or what they believe in.



The right to play is highlighted in Article 31 of the Convention. Article 31 of the Convention is about every child's right to play.

Playing is a child's right wherever they are – at home, in school and care settings, and in their neighbourhoods. Adults have an important role to play. It's important to make sure our children have space, time and the company of others to play.

Children get the most from their play when they are in charge of it – when they choose what to play, who to play with and what the rules are. When children play in this way, the physical, emotional, social, learning and well-being benefits are enormous. More importantly, to children themselves, playing is one of the most important parts of their lives. They value and need to have time, freedom, good places to play and supportive adults who champion play on their behalf.

Children tell us they want more opportunities to play outside with their friends. Playing is a crucial part of a healthy and happy childhood. As adults, it's our responsibility to make sure this happens.

Playday

Playday is the national day for play in the UK. It's an annual celebration of every child's right to play. This year it will take place on Wednesday 5 August.

So, why not colour in the Playday logo on the other side of the page and display in your window to show your support for every child's right to play!

Find out more about Playday at: www.playday.org.uk